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なお、詳細な効能の説明や具体的な効果は省略しています。
Radiation in Daily-life

- 250,000 μSv/year: Upper limit of radiation dose permitted for people who engage in emergency work.
- 50,000 μSv/year: Upper limit of radiation dose permitted for radiation workers, police, and firefighters who engage in disaster prevention.

Natural radiation dose per year:
- 1,000 μSv/year: Global average
- ~2,400 μSv/year
- ~10,000 μSv/year: Radiation dose in Guarapari (Brazil) per year.

Maximum difference of the average of natural radiation dose in each prefecture:
- ~400 μSv/year

An air travel between Tokyo and New York (RT): (Increased cosmic radiation at high altitude.)
- ~200 μSv/round trip

Evaluated dose of radiation from radioactive substance emitted from the nuclear fuel reprocessing plant per year:
- 22 μSv/year

Standard radiation dose from Clearance level:
- 10 μSv/year

Chest CT scan:
- [6,900 μSv/each time]

Dose limit for public per year (except for medical care):
- [1,000 μSv/year]

Gastrointestinal X-ray examination:
- [600 μSv/each time]

Chest X-ray examination:
- [50 μSv/each time]

Standard dose of radiation around a nuclear plant (light water reactor): (Actual result is far below the value.)
- [50 μSv/year]

Units:
- 1 Sv (Sievert) = Constant of organism effect by kind of radiation (※) × Gy (gray)
- ※ It is 1 in case of X ray and γ ray.

MEXT makes this, based on "Nuclear power 2002" made by Agency of Natural Resources and Energy.